

Revised: 10/24/2016

SOTO ACADEMY LUNCH MENU

Repeat every six weeks

SY '16 – '17

Subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
Tuna Casserole Peas & Carrots Fruit Milk	Baked Beans & Franks Rice Tossed Greens Fruit Juice	Ham or Ham & Grilled Cheese Sandwich Tossed Salad Fruit Milk	Hamburger Stew Rice Bread & Butter Jello Juice	Shoyu Chicken Corn Rice Fruit Milk
Teri Hamburger Steak Rice Green Beans Fruit Milk	Spaghetti Corn Garlic Bread Fruit Juice	Roast Turkey Mixed Vegetable Mashed Potato Bread & Butter Fruit	Breaded Fish Fillet Rice Mixed Vegetables Cookies Juice	Chicken Long Rice Rice Fruit Milk
Cheese/Pepperoni Pizza Tossed Salad Fruit Milk	Shoyu Chicken Corn Rice Shortbread Cookie Juice	Local Fried Rice Mixed Vegetables Fruit Milk	Chicken Stew Rice Cornbread Fruit Juice	Corn Chowder Ham Sandwich Fruit Milk
Tuna Sandwich Finger Vegetable French Fries Fruit Milk	Chili Con Carne Tossed Salad Rice Fruit Juice	Chicken Curry Rice Corn Bread Fruit Milk	Cheese Burger Lettuce/Tomato French Fries Fruit Juice	Kalua Chicken/Cabbage Rice Fruit Milk
Meatloaf Green Beans Rice Bread & Butter Jello Milk	Chicken Sandwich Finger Vegetable Chips Banana Muffin Juice	Tuna Casserole Peas & Carrots Fruit Milk	Chicken Curry Rice Corn Bread Fruit Juice	Spaghetti Mixed Vegetables Garlic Bread Fruit Milk
Cheese/Pepperoni Pizza Finger Vegetable Fruit Milk	Hamburger Macaroni Mixed Vegetables Garlic Bread Fruit Juice	Beef Stroganoff Toss Salad Bread & Butter Fruit Milk	Breaded Fish Fillet Rice Peas & Carrots Jello Juice	Baked Chicken with Gravy Mashed Potato Corn Fruit Milk